

**WARM UPS**

12 &amp; Under

12:15 PM

13 &amp; Over

6:15 AM

The St. James Sports Complex

6805 Industrial Rd, Springfield, VA 22151

## Sophia Cramer (13)

# 11 Women 13 &amp; Over 50 Free 32.37L

# 13 Women 13 &amp; Over 100 Back 1:27.30L

# 17 Women 13 &amp; Over 200 Free 2:36.97L

## Abbey Holmes (21)

# 11 Women 13 &amp; Over 50 Free 29.94L

# 13 Women 13 &amp; Over 100 Back NT

# 17 Women 13 &amp; Over 200 Free 2:26.79L

# 31 Women 13 &amp; Over 100 Breast 1:19.21L

# 35 Women 13 &amp; Over 100 Free 1:02.07L

## Kateri Solares (11)

# 41B Women 11-12 100 Breast 2:03.99L

# 47B Women 11-12 100 Free NT

# 49B Women 11-12 50 Fly 54.31L

## Sena Williams (11)

# 41B Women 11-12 100 Breast 1:32.83L

# 47B Women 11-12 100 Free 1:16.45L

# 51B Women 11-12 200 IM 3:15.45L

## Isabelle Wonodi (11)

# 21B Women 11-12 50 Free NT

# 23B Women 11-12 100 Back NT

## James Chen (15)

# 8 Men 13 &amp; Over 200 IM 2:27.06L

# 12 Men 13 &amp; Over 50 Free 26.82L

# 18 Men 13 &amp; Over 200 Free 2:07.61L

# 34 Men 13 &amp; Over 200 Back 2:25.81L

# 36 Men 13 &amp; Over 100 Free 57.72L

# 38 Men 13 &amp; Over 100 Fly 1:04.55L

## Jason Chen (12)

# 42B Men 11-12 100 Breast 1:32.21L

# 48B Men 11-12 100 Free 1:10.68L

# 50B Men 11-12 50 Fly 33.51L

## Quincy Crawford (15)

# 8 Men 13 &amp; Over 200 IM 2:39.85L

# 12 Men 13 &amp; Over 50 Free 31.50L

# 16 Men 13 &amp; Over 200 Breas NT

# 32 Men 13 &amp; Over 100 Breas 1:24.56L

# 36 Men 13 &amp; Over 100 Free 1:06.96L

# 38 Men 13 &amp; Over 100 Fly NT

## Ryan Meledick (10)

# 20A Men 9-10 100 Fly NT

# 22A Men 9-10 50 Free 41.11L

# 28A Men 9-10 50 Breast NT

# 42A Men 9-10 100 Breast 1:57.78L

# 48A Men 9-10 100 Free NT

# 50A Men 9-10 50 Fly 44.52L

## James Miller (13)

# 12 Men 13 &amp; Over 50 Free NT

# 14 Men 13 &amp; Over 100 Back 1:42.76L

# 18 Men 13 &amp; Over 200 Free NT

## Matthew Schuyler (10)

# 46A Men 9-10 50 Back NT

# 48A Men 9-10 100 Free NT

# 50A Men 9-10 50 Fly NT

## Jordan Smith (11)

# 22B Men 11-12 50 Free 36.54L

# 26	Men 11-12 200 Breast	NT
# 28B	Men 11-12 50 Breast	45.89L
Kyle Smith (13)		
# 12	Men 13 & Over 50 Free	30.50L
# 16	Men 13 & Over 200 Breas	3:19.83L
# 18	Men 13 & Over 200 Free	2:34.52L
Santiago Solares (9)		
# 42A	Men 9-10 100 Breast	NT
# 48A	Men 9-10 100 Free	1:42.18L
# 50A	Men 9-10 50 Fly	NT
Darius Theodore (14)		
# 8	Men 13 & Over 200 IM	2:38.14L
# 12	Men 13 & Over 50 Free	28.11L
# 18	Men 13 & Over 200 Free	2:17.65L
# 32	Men 13 & Over 100 Breas	1:26.96L
# 36	Men 13 & Over 100 Free	1:01.53L
# 38	Men 13 & Over 100 Fly	1:12.48L
Niko Zhang (16)		
# 12	Men 13 & Over 50 Free	27.59L
# 14	Men 13 & Over 100 Back	1:08.56L
# 18	Men 13 & Over 200 Free	2:12.31L
# 32	Men 13 & Over 100 Breas	1:20.23L
# 34	Men 13 & Over 200 Back	2:31.73L
# 36	Men 13 & Over 100 Free	59.43L

Female 16

48

Total IE's: 64





Total A 16