

Warm Ups

11:45 AM

Audrey Moore Rec Center

8110 Braddock Road

Annandale, VA 22003

(about 35 minutes)

Denise Coleman (9)			Jason Chen (9)		
# 5	Women 9-9 50 Back	NT	# 6	Men 9-9 50 Back	42.82Y
# 17	Women 9-9 50 Free	49.20Y	# 12	Men 9-9 50 Fly	42.82Y
Rebecca Elliott (7)			# 24	Men 9-9 50 Breast	51.00Y
# 9B	Women 7-7 25 Back	NT	# 30	Men 9-9 100 IM	1:32.50Y
# 15B	Women 7-7 25 Fly	NT	Daniel Elliott (6)		
# 21B	Women 7-7 25 Free	23.91Y	# 10A	Men 6 & Under 25 Back	NT
Sofia Jones (8)			# 22A	Men 6 & Under 25 Free	25.86Y
# 3C	Women 8-8 100 Free	NT	Ari Goldberg (9)		
# 9C	Women 8-8 25 Back	31.57Y	# 12	Men 9-9 50 Fly	NT
# 19	Women 7-8 50 Free	50.46Y	# 18	Men 9-9 50 Free	51.50Y
# 27C	Women 8-8 25 Breast	NT	Ryan Meledick (8)		
Tania Terry (8)			# 10C	Men 8-8 25 Back	22.78Y
# 9C	Women 8-8 25 Back	NT	# 16C	Men 8-8 25 Fly	21.13Y
# 19	Women 7-8 50 Free	57.81Y	# 22C	Men 8-8 25 Free	16.72Y
# 21C	Women 8-8 25 Free	25.69Y	# 32C	Men 8-8 100 IM	1:55.75Y
Sena Williams (8)			Liam Olson (7)		
# 9C	Women 8-8 25 Back	NT	# 10B	Men 7-7 25 Back	NT
# 15C	Women 8-8 25 Fly	NT	# 22B	Men 7-7 25 Free	NT
# 21C	Women 8-8 25 Free	17.21Y	Jordan Smith (9)		
# 27C	Women 8-8 25 Breast	26.43Y	# 6	Men 9-9 50 Back	NT
Sara Wischmann (8)			# 12	Men 9-9 50 Fly	NT
# 3C	Women 8-8 100 Free	NT	# 24	Men 9-9 50 Breast	NT
# 15C	Women 8-8 25 Fly	NT	# 30	Men 9-9 100 IM	NT
# 21C	Women 8-8 25 Free	NT	Jacory Wright (6)		
# 27C	Women 8-8 25 Breast	NT	# 10A	Men 6 & Under 25 Back	NT
			# 22A	Men 6 & Under 25 Free	43.49Y